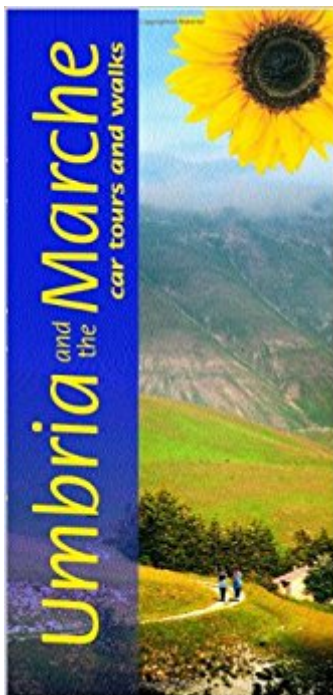


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Umbria & The Marche Landscapes Series



Synopsis

Pocket-sized full-colour guide describing eight car tours and 37 main walks (with many variations). Umbria promotes itself as 'Italy's Green Heart', and this description applies equally well to the lesser-known neighbouring region of the Marche. The main focal points of this guide are the two most beautiful areas of the Apennines in the area - the idyllic, deeply-etched valley of Valnerina in Umbria and the legendary Monti Sibillini which rise to almost 2500m and lie mainly in the Marche. Naturally there is a wealth of art and architecture to be seen en route, whether you travel by car or on foot: everywhere you go, you come upon villages, castles, monasteries and farms which even today make beautiful pictures straight out of the Middle Ages. The guide contains fold-out touring maps, large-scale (1:50,000) topo walking maps and transport timetables for all the walks (where relevant). Free on-line update service. Series (50 destinations) dubbed 'the blue Bibles' by the Sunday Times.

Book Information

Series: Landscapes

Paperback: 136 pages

Publisher: Sunflower; 2nd edition edition (January 1, 2010)

Language: English

ISBN-10: 1856913848

ISBN-13: 978-1856913843

Product Dimensions: 4 x 0.4 x 8.2 inches

Shipping Weight: 6.4 ounces

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Best Sellers Rank: #3,287,344 in Books (See Top 100 in Books) #98 in [Books > Travel > Europe > Italy > Umbria](#) #100 in [Books > Travel > Europe > San Marino & Umbria](#) #4046 in [Books > Travel > Europe > Italy > General](#)

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